

Run England Registration Form

Disclaimer and Personal Details

Please complete all sections and return to your Run Leader



Your Details	
Full Name	
Date of birth	
Address	
Postcode	
Email	
Telephone/Mobile	
Next of Kin (or person to contact in case of accident/illness):	
Name	
Address	
Postcode	
Telephone/Mobile	
Additional Information	
How did you find out about the group?	
What would you like to get out of the group?	<input type="checkbox"/> Get fitter <input type="checkbox"/> Lose weight <input type="checkbox"/> Run local events <input type="checkbox"/> Improve <input type="checkbox"/> Meet new running partners <input type="checkbox"/> Other
Are you currently involved in any other form/s of exercise?	<input type="checkbox"/> Yes <input type="checkbox"/> No If YES, what type and how often?
Have you done any running before?	<input type="checkbox"/> Yes <input type="checkbox"/> No If YES, what type and how often?
Do you have any health considerations we ought to know about?	<input type="checkbox"/> Yes <input type="checkbox"/> No If YES, please explain
Do you suffer from any of the following:	<input type="checkbox"/> Diabetes <input type="checkbox"/> Heart problems <input type="checkbox"/> Joint problems <input type="checkbox"/> High blood pressure <input type="checkbox"/> Asthma <input type="checkbox"/> Back pain <input type="checkbox"/> Previous injuries
Any condition requiring medication:	
Other (please detail):	
Declaration – please read the declaration below and confirm that you agree	
Run England Group Leaders are qualified leaders and are willing to share their experience and enjoyment of the sport with me. I confirm that I understand that participation in this group is entirely at my own risk and should consult my own doctor if suffering from any condition that might make running injurious to my health. For Buggy Runners: I understand that I am joining a buggy running group at my own risk and accept full responsibility for the health & safety of the infant(s) and any equipment I attend with. <input type="checkbox"/> I agree to the above	
Date	